

Kingsway Arms Jameson's and Courtyard Dining Room
Sample Menus

Breakfast -Always Available

Entrées

Eggs or Omelet, French Toast, Waffles or Pancakes

Meats

Bacon, Sausage or Ham

Breads

White, Wheat, Rye, Cinnamon Raisin, English Muffin, Danish or Donut

Cereals

Oatmeal, Cream of Wheat or Assorted Cold Cereals

Fruit

Banana, Grapefruit, Prunes, Melon, Strawberries, Oranges or Mixed Fruit Cup

Sample Lunch Menus

Entrée: Baked Whitefish with Lemon & Hollandaise Sauce or **Chicken & Broccoli Alfredo**

Sides: Egg Noodles, Green Beans or Cole Slaw

Dessert: Chocolate Crème Pie

Entrée: Yankee Pot Roast with Pan Drippings or **Veal Marsala** with Mushrooms

Sides: Baked Potato, Green Bean Almandine or Waldorf Salad

Dessert: Lemon Crème Pie

Entrée: Honey Baked Chicken or **Barbecue Spare Ribs** with Hickory BBQ Sauce

Sides: Mashed Sweet Potatoes, Bahama Mixed Vegetables or Corn

Dessert: Chocolate Layer Cake

Entrée: Root Beer Glazed Ham or **Salmon Cakes** with Dill Sauce

Sides: Orzo Pilaf, Steamed Broccoli or Parsnips

Dessert: Blueberry Peach Parfait

Entrée: Roast Turkey with Pan Gravy or **London Broil** with Demi Glace

Sides: Apple Sausage Stuffing, Baked Squash Casserole or Sautéed Mushrooms & Onions

Dessert: Chocolate Crème Pie

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Sample Dinner Menus

Baked Ziti with Mozzarella and Ground Beef or Fried Fish Sandwich

Sides: Steamed Broccoli or Tossed Salad

Dessert: Fresh Fruit Cup

Soup: Spit Pea

Entrée: Chicken Salad on Croissant or Corned Beef Hash

Sides: Glazed Beets or Cole Slaw

Dessert: Baked Apple Casserole

Soup: Cream of Broccoli

Entree: Western Egg Sandwich or Pizza with Cheese or Cheese & Mushrooms

Sides: Butternut Squash or Cucumber Salad

Dessert: Ice Cream Sundae

Entrée: Three Cheese Quiche or BBQ Chicken Wings with Veggie Sticks & Blue Cheese

Sides: Harvard Beets or Avocado Salad

Dessert: Watergate Dessert

Soup: Carrot Ginger

Entrée: Blueberry Pancakes & Sausage Links or Shrimp Salad Sandwich

Sides: Warm Cinnamon Applesauce or Tomato & Cucumber Salad

Dessert: Peanut Butter Pie

Entrée: Hot Turkey Open-Face Sandwich or Ham & Scalloped Potato Casserole

Sides: Zucchini or Lime Beans

Dessert: Strawberry Shortcake

Always Available Lunch & Dinner Choices

Pan Seared Chicken

Pan Seared Salmon

Pan Seared White Fish Fillet

Capellini & Meat Sauce

Ham, Turkey, Roast Beef or Tuna Sandwich

Grilled Cheese

Hot Dog

Cheeseburger or Hamburger

Chef Salad

Fresh Fruit Plate with Cottage Cheese

Custom Omelets

Cheese Pizza

Chicken Tenders

Macaroni & Cheese

Chicken or Shrimp Lo Mein Stir Fry

Hot Open Turkey or Roast Beef Sandwich