

**Kingsway Arms Jameson's and Courtyard Dining Room**  
**Sample Menus**

**Breakfast -Always Available**

**Entrées**

Eggs or Omelet, French Toast, Waffles or Pancakes

**Meats**

Bacon, Sausage or Ham

**Breads**

White, Wheat, Rye, Cinnamon Raisin, English Muffin, Danish or Donut

**Cereals**

Oatmeal, Cream of Wheat or Assorted Cold Cereals

**Fruit**

Banana, Grapefruit, Prunes, Melon, Strawberries, Oranges or Mixed Fruit Cup

**Sample Lunch Menus**

**Entrée:** Baked Whitefish with Lemon & Hollandaise Sauce or **Chicken & Broccoli Alfredo**

**Sides:** Egg Noodles, Green Beans or Cole Slaw

**Dessert:** Chocolate Crème Pie

**Entrée:** Yankee Pot Roast with Pan Drippings or **Veal Marsala** with Mushrooms

**Sides:** Baked Potato, Green Bean Almandine or Waldorf Salad

**Dessert:** Lemon Crème Pie

**Entrée:** Honey Baked Chicken or **Barbecue Spare Ribs** with Hickory BBQ Sauce

**Sides:** Mashed Sweet Potatoes, Bahama Mixed Vegetables or Corn

**Dessert:** Chocolate Layer Cake

**Entrée:** Root Beer Glazed Ham or **Salmon Cakes** with Dill Sauce

**Sides:** Orzo Pilaf, Steamed Broccoli or Parsnips

**Dessert:** Blueberry Peach Parfait

**Entrée:** Roast Turkey with Pan Gravy or **London Broil** with Demi Glace

**Sides:** Apple Sausage Stuffing, Baked Squash Casserole or Sautéed Mushrooms & Onions

**Dessert:** Chocolate Crème Pie

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**Sample Dinner Menus**

**Baked Ziti with Mozzarella and Ground Beef or Fried Fish Sandwich**

**Sides:** Steamed Broccoli or Tossed Salad

**Dessert:** Fresh Fruit Cup

**Soup:** Spit Pea

**Entrée:** Chicken Salad on Croissant or Corned Beef Hash

**Sides:** Glazed Beets or Cole Slaw

**Dessert:** Baked Apple Casserole

**Soup:** Cream of Broccoli

**Entree:** Western Egg Sandwich or Pizza with Cheese or Cheese & Mushrooms

**Sides:** Butternut Squash or Cucumber Salad

**Dessert:** Ice Cream Sundae

**Entrée:** Three Cheese Quiche or BBQ Chicken Wings with Veggie Sticks & Blue Cheese

**Sides:** Harvard Beets or Avocado Salad

**Dessert:** Watergate Dessert

**Soup:** Carrot Ginger

**Entrée:** Blueberry Pancakes & Sausage Links or Shrimp Salad Sandwich

**Sides:** Warm Cinnamon Applesauce or Tomato & Cucumber Salad

**Dessert:** Peanut Butter Pie

**Entrée:** Hot Turkey Open-Face Sandwich or Ham & Scalloped Potato Casserole

**Sides:** Zucchini or Lime Beans

**Dessert:** Strawberry Shortcake

***Always Available Lunch & Dinner Choices***

Pan Seared Chicken

Pan Seared Salmon

Pan Seared White Fish Fillet

Capellini & Meat Sauce

Ham, Turkey, Roast Beef or Tuna Sandwich

Grilled Cheese

Hot Dog

Cheeseburger or Hamburger

Chef Salad

Fresh Fruit Plate with Cottage Cheese

Custom Omelets

Cheese Pizza

Chicken Tenders

Macaroni & Cheese

Chicken or Shrimp Lo Mein Stir Fry

Hot Open Turkey or Roast Beef Sandwich