

Experience the warmth, friendliness and peace of mind that is Kingsway.

Learn why so many people call Kingsway home.

Schedule a tour today at 518-393-8800 or www.kingswaycommunity.com



# Welcome to the Family

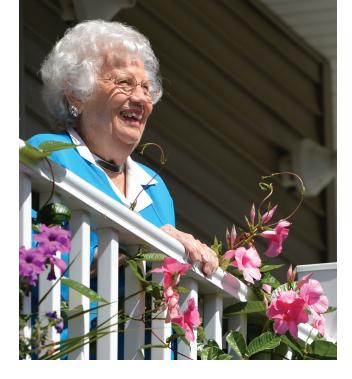
ingsway Community is a family-owned, senior living community located in Upstate New York's Capital District Region that began as a means to provide quality care and a meaningful life for our founder's parents.

Kingsway specializes in emphasizing an individual's highest level of functioning within a safe, comfortable living environment, and continues that tradition each and every day. Whether living independently, in assisted living or requiring skilled nursing or short-term rehabilitation, each resident can expect a variety of benefits and services from a dedicated staff of warm, caring professionals. Since 1975, the self-contained 25-acre campus also offers home care, memory care, adult day care, respite and hospice services. Kingsway upholds a tradition of excellence in providing compassion, dignity and respect for each individual entrusted to our care.

"Each day I am amazed at the kindness, dignity and respect shown by our staff to all of our residents. I am proud to lead such a great team."

> -Michael McPartlon President/CEO





# Come Experience the Good Life Here

Discover charming and peaceful living where your independence, comfort and happiness are not just an option, they are a way of life. Live in complete control, safety and security while enjoying all of the many benefits of Kingsway Community.

#### **Kingsway Village Apartments**

There's no place like home. Kingsway Village Apartments are made to surpass every expectation you may have for comfortable, maintenance-free retirement living. Features include inviting living rooms, full kitchens and spacious bedrooms with ample closet space—all surrounded by beautifully landscaped grounds. Transportation for scheduled medical appointments and group excursions is provided, as well as transportation to shopping and community events. Take advantage of our movie theater, fitness room, café, game room with billiard table, mini-golf and much more. When you're here, it's all about living without worries.

- Various dining options: café, pub dining, seasonal alfresco dining, restaurant-style dining room
- Cultural and social life enrichment programs
- 24-hour staffing with emergency pull-cord system
- Weekly housekeeping/linen service
- Scheduled transportation
- Café
- On-site banking
- Fitness room
- Movie theater
- Hair salon
- Family room
- Mini-golf and shuffleboard in courtyard

### **Parkland Garden Apartments**

Have all you want in a home without the worries of maintenance. Designed to make the good life even better, Parkland Garden Apartments provide many of the luxuries and amenities Kingsway Community has to offer including transportation for scheduled medical appointments and group excursions.

- Executive chef-prepared daily meal served restaurant-style in the Fireside Dining Room
- Cultural and social life enrichment programs
- 24-hour staffing with emergency pull-cord system
- Weekly housekeeping/linen service
- Scheduled transportation
- Hair salon



#### **Kingsway Court Apartments**

You'll love the convenience of a one-bedroom, balcony or patio apartment designed for simplicity and ease of use in a tranquil, safe setting. Spend time with friends and enjoy social activities at Parkland Gardens.

- Maintenance-free living
- Scheduled transportation
- Cultural and social life enrichment programs at Parkland Garden Apartments
- Off-street parking
- Complimentary laundry facility on-site
- Meals, housekeeping/linen services (additional cost)



# Gracious Living Without the Worries

Assistance with personal care and activities of daily living are provided in a comfortable, secure and welcoming environment.

### **Kingsway Manor Assisted Living**

Our residents enjoy and benefit from this quiet residential setting that offers security and personal care assistance 24/7. With several different levels of care within the building, residents can get the services they need. Life enrichment programs that stimulate the mind, body and spirit are designed to keep people active and engaged in life.

- Licensed for enhanced assisted living
- Medication assistance
- Social work support
- Respite based on availability



Kingsway Manor Assisted Living was awarded the 2017 National Silver Quality Award from the American Health Care Association/National Center for Assisted Living.

### **Kingsway Memory Care Center**

Each resident receives individualized and specific care related to their medical, physical, emotional and social well-being. Programs offered are designed to maximize independence and increase quality of life. Offering support with family focus, serving early to mid-stage dementia residents, our services and amenities include:

- 20 private rooms
- Assistance with personal care
- Medication assistance
- Cueing and reminders
- Private courtyard

- Daily housekeeping
- Social work support
- Music therapy, pet therapy and art therapy
- Secure doors to ensure resident safety





#### **Kingsway Adult Day Program**

This supervised, structured program provides a safe, supportive, stimulating and pleasant environment for your loved one and peace of mind for the caregiver. Seniors will enjoy nutritious meals, snacks and the inspiring company of others.

- Monday through Friday: 8 a.m.-4 p.m.
- Full or half day
- Entertainment
- Movies
- Music programs

#### **Kingsway Respite**

At Kingsway Manor, respite is provided for a minimum of two weeks up to a maximum of six weeks. The individual would have a private room at Kingsway Manor and enjoy all the benefits of residency for a limited time with a chance to experience the community. You can trust Kingsway while you're away!

Respite gives the caregiver a break from the demands of providing continuous daily care. The caregiver and the family can feel comfortable knowing that their loved one is in Respite at Kingsway Manor.



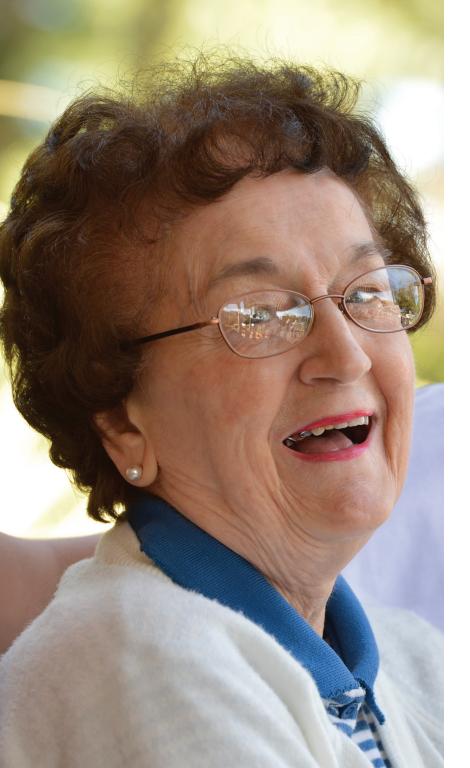


#### **Kingsway Home Care Service**

As a licensed home health agency, Kingsway Home Care allows you to tailor services suitable to you. Companions, home health aides or nurses are available on a part-time basis or for a long-term commitment in your home, apartment or facility.

- Licensed in a five-county area of New York's capital region
- Staff is certified, credentialed and criminal background checked
- PRI assessments done
- Staffing within facilities





# Bringing Out the Best

Professional and experienced staff provide care management 24 hours a day with a focus on improving quality of life for each resident.

## Kingsway Arms Nursing & Rehabilitation Center

With a national award-winning reputation for excellence, our team of healthcare professionals encourages each resident to reach his/her highest potential in a comfortable and safe environment. We recognize the most important element of any therapeutic program—the dignity and respect of each individual.



#### Rehabilitation

As part of our seamless continuum of care, Kingsway offers on-site physical, occupational and speech therapies designed to promote the highest quality of life and independence for our residents with an emphasis on community re-entry. Transitioning from one level of care to another is a streamlined and seamless process at Kingsway.



Since 1975, Kingsway has touched thousands of lives one at a time with our full continuum of care and services. Our family-owned, self-contained 25-acre campus consists of:

Kingsway Arms Nursing and Rehabilitation Center

Kingsway Manor Assisted Living and Memory Care Center

Kingsway Village Apartments

Parkland Garden Apartments

Kingsway Court Apartments

Kingsway Home Care Service

Kingsway Adult Day Program

Kingsway Respite



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